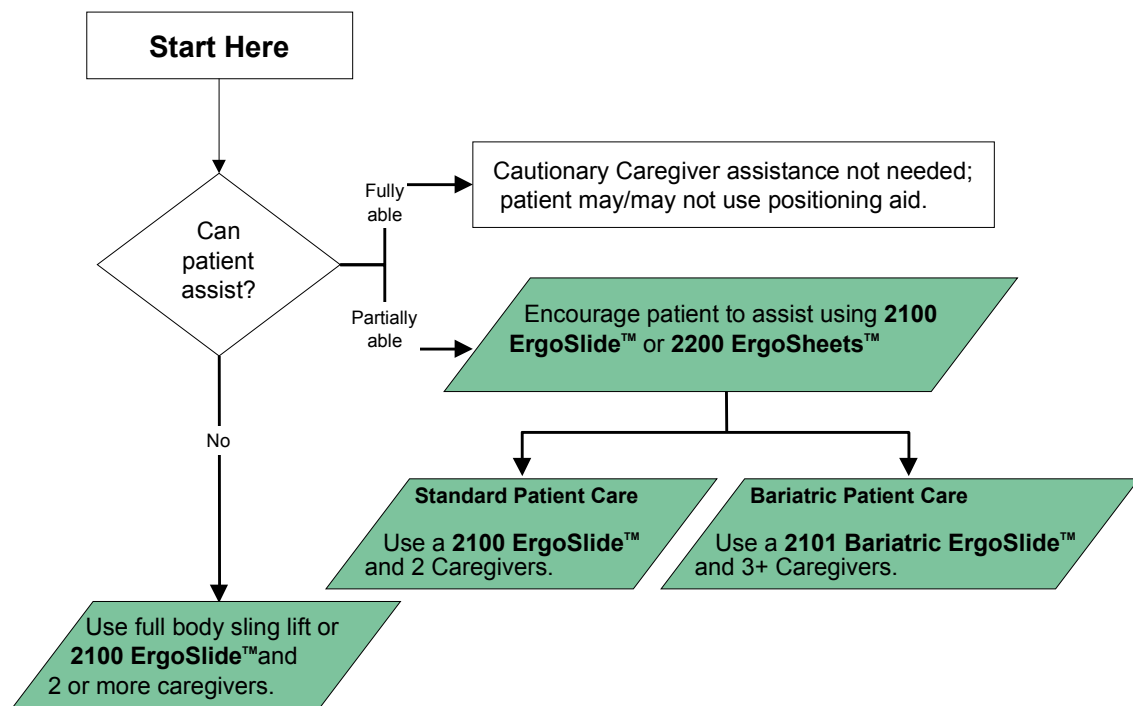




ErgoSafe Algorithm 3

Reposition in Bed: Side-to-Side, Up in Bed



- This is not a one person task: DO NOT PULL FROM HEAD OF BED.
- When sliding a patient up in bed, the bed should be flat or in a Trendelenburg position to aid in gravity, with the side rail down.
- For patients with State III or IV pressure ulcers, care should be taken to avoid shearing force.
- The height of the bed should be appropriate for staff safety (at the elbows).
- If the patient can assist when repositioning "up in bed," ask the patient to flex the knees and push on the count of three.